

FORGET ME NOT

Richmond/Central VA Alpha Phi Alumnae Newsletter

Volume 7, Issue 1

March 2005

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We are still collecting Ukrops Golden Gift certificates to donate to the Alpha Phi Foundation!

When you receive your gift certificates in the mail in May, send them to:
Judy Cogburn
4001 Quinton Rd.
Quinton, VA, 23141.

A Word from Our President ...

As spring quickly approaches, we are all looking forward to getting outside and enjoying the weather! We have planned some great spring and summer activities this year to encourage sisters to renew their Alpha Phi friendships, including our very popular Summer Restaurant Series, where we try a different restaurant every month. We also plan to road trip to Charlottesville for a winery tour and lunch to connect with some of the UVA Phis and alumnae in that area. If you've never attended one of our chapter events, why not let 2005 be the year you give us a try? Any time you need information or want a buddy to in-

troduce you to the group, please don't hesitate to contact me!

Please join us this year by paying your local and international alumnae dues if you have not yet done so. Your local dues support our Richmond/Central Virginia alumnae chapter programming, newsletters and Convention delegates, while your International dues and Founders' Day pennies support collegiate chapters, the Alpha Phi Quarterly and the Executive Office. I know that many of you have excit-



ing and busy lives and may not be able to attend our events, but your pledge of support by way of dues helps keep Alpha Phi growing and demonstrates your desire to keep us in your hearts.

aoe,
Diana
President
richmondaphi@mail.com

What's New with Our Members

- Φ **Carrie B.** (Gamma Sigma) and **Craig M.** will be married in October 2005!
- Φ **Diana C.** (Eta Pi) and **Donny M.** will also be married in October 2005!
- Φ **Judy C.** (Delta Nu) was elected Secretary of the New Kent County Chamber of Commerce.
- Φ **Rikki D.** (Phi) and her husband, Richard, welcomed son, Stanton on Nov 24. He joins sister Brook.
- Φ **Amy B.** (Theta Phi) will receive a Masters of Criminology, Law & Society from the University of California, Irvine.
- Φ **Kathy M.** (Delta Alpha) will receive a BA in English from VCU in May. She is also freelancing for
- "Your Hometown News" serving Eastern Hanover and King William Counties.
- Φ **Judy C.** (Delta Nu) and **Sandra Y.** (Eta Iota) are participating in the Monument 10K on April 9.



Thanks to our 2004-2005 Dues Paying Members!



There's still time to pay your local dues for this year! See our website for more information:
www.angelfire.com/va/richmondaphialum

Erin B.	Silver
Amy B.	Bordeaux
Amy B.	Silver
Carrie B.	Bordeaux
Suzanne C.	Bordeaux
Diana C.	Silver
Judith C.	Silver
Kathryn C.	Silver
Joette C.	Bordeaux
Rikki D.	Bordeaux
Kristina G.	Silver
Kay H.	Bordeaux
Linda I.	Silver
Ann J.	Silver
Suzann L.	Bordeaux
Patricia L.	Bordeaux

Catherine M.	Bordeaux
Lynn N.	Silver
Nancy N.	Bordeaux
Marjorie P.	Silver
Sue R.	Silver
Nancy R.	Silver
Madeline T.	Silver
Kristen T.	Silver
Barbara W.	Bordeaux
Katharine W.	Bordeaux
Patricia W.	Silver
Sandra Y.	Ivy

Special thanks to Sue R., Amy B., Patricia W. and Linda I., who made donations to our chapter!

**REMEMBER YOU CAN ALWAYS REACH US AT
 RICHMONDAPHI@MAIL.COM
 OR ON THE WEB AT
 WWW.ANGELFIRE.COM/VA/RICHMONDAPHIALUM**

The Alpha Phi Foundation Supports Heart Disease Research



ALPHA PHI FOUNDATION
 SHARING OUR HEARTS FOR 50 YEARS
1956-2006

At the 2004 Convention, the Alpha Phi Foundation announced a two-year marketing, fundraising, and educational initiative leading up to its 50th Anniversary in 2006: "Sharing our Hearts for 50 Years."

According to the international website, its goal is to raise awareness of Alpha Phi and the Foundation in our chapters, on our campuses and in our communities, increase fundraising dollars to further support scholastic and leadership programs for our members, and amplify our impact in the fight against women's heart disease.

At Convention 2004, the Alpha Phi Foundation introduced the Alpha Phi Red Dress Pin in support of women and heart disease.

For more than 50 years the Alpha Phi Foundation has been in constant support of the fight against heart disease - the # 1 killer of women.

Save on Shipping

Bring \$2 to any event this summer and we'll order a pin for you!



The pin is similar to the regular red dress pins you see, but with the Alpha Phi letters on it. Imagine the above image in red!

Calendar of Upcoming Events!

Sunday, April 10 - 4:30 pm

Potluck Dinner

Our President, **Diana**, is hosting a potluck business meeting. Mandatory for exec members. All are welcome. Contact Diana at richmondaphi@mail.com to sign up for a dish.

Sunday, April 24 - 1 pm

4301 Sulgrave Road, Richmond, VA 346-8787

Tour The Virginia House

We are supporting the Richmond Alumnae Panhellenic Association's Spring event. Located in Windsor Farms - follow signs on Malvern Ave or Cary St. Parking and restrooms available. \$10/person, guests welcome. Please send checks payable to Richmond Alumnae Panhellenic Association by April 15 to Pam Miranda at 9828 Pemberton Creek Dr., Richmond, VA 23233. Visit www.vahistorical.org for more information on The Virginia House.

Tuesday, May 10 - 7 pm

PartyLite Fundraiser

Krissie (Eta Pi) will host our Spring Fundraiser. Our PartyLite consultant will donate a portion of her profits to our chapter for the foundation.



Sunday, May 22nd - 2 pm

The Diamond, Richmond, VA

Richmond Braves Game

See the Braves battle the Ottawa Lynx (Baltimore Orioles.) First 10,000 fans receive a set of Thunderstix. It's also Hanover Family Day - students and faculty can purchase tickets for \$2 each.

Saturday, June 25 - 10 am

Road Trip to Charlottesville

Tour of the Jefferson Winery and have lunch at Northern Exposure with the UVA Alpha Phi's and alums in the Charlottesville area. We'll meet at the commuter lot on Glenside near Staples

Mill to carpool/caravan.

Wednesday or Friday, June

Concert

We will either go to a concert at Innsbrook After Hours or Friday Cheers. Have a preference? Send us an e-mail! RichmondAPhi@mail.com Watch your e-mail for an Evite or check the website for more details.

Saturday, July 23

11 am - 7 pm

Powhatan's Festival of the Grape



Enjoy Virginia wines, delicious cuisine, live music, arts & crafts at the Historic Powhatan Courthouse. Cost \$15/person before July 1; \$20 after (includes wine glass.) For more information call 598-2636 or visit:

www.powhatan-chamberofcommerce.org

Saturday, August 27 - 4 pm

BBQ

Amy (Theta Phi) hosts our summer Bring-Your-Own-Phi event! Enjoy good food, cold drinks and great friends. Bring a friend, bring a Phi, bring a date!

Sunday, September 18 - 9 am

Bubba's

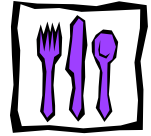
Yard Sale

Our Fall fundraiser will once again be our yard sale at Bubba's. If you have any items to donate, please bring them to any event this summer or arrange to meet with **Judy** or **Diana** RichmondAPhi@mail.com.

Directions will be available in the Evites, on the website or in upcoming e-mails, or you can contact Diana or Krissie (numbers at right).

We proudly present ...

Our 3rd Annual Summer Restaurant Series



Due to its overwhelming popularity, our summer restaurant series is back!!

All members are invited and friends are encouraged. These events are also perfect to Bring-Your-Own-Phi! RSVPs are essential for all events, either through your Evite invitation or to richmondaphi@mail.com, and will be needed one week in advance.

Tuesday, June 14 - 6 pm

Copeland's Cheesecake Bistro

9200 Stony Point Pkwy
Richmond, VA 23235
323-1133

Thursday, July 14 - 6 pm

Pasta Luna

8902-D W Broad St
Richmond 23294
762-9029

Wednesday, August 17 - 6 pm

Baja Bean Company

1520 W Main St
Richmond, VA 23220
257-5445

Tuesday, September 13 - 6 pm

BW3

1501 E. Cary St.
Richmond, VA 23219
648-8900

*Need a ride? Contact
Diana or Krissie at
[RichmondAPhi@
mail.com!](mailto:RichmondAPhi@mail.com)*

News from International

Dues

Our Alumnae Membership Coordinator, **Teresa Gray**, has reported that she is excited about efforts so far to collect International dues. Currently the SouthEast region (that's us!) is at 9.47% of all Alpha Phi, and SouthCentral (not us) is at 9.70%.

In good fun, we try to beat out SouthCentral each year. Their goal this year is 10% so ours is 10.25%!

However, International

dues throughout the country are down slightly, so please submit International dues this year.

For more information on where your dues go and how to easily and securely pay them online, please visit www.alphaphi.org.



Online Community

Don't forget, there is now

an online community on the International website for alumnae! Update your information, find an old schoolmate or search for alums in the area!

Visit www.memberconnections.com/alphaphi/ for more information. It's free to join and great to use!

More Fundraisers

Alpha Phi International is also selling new red

"TAKE HEART" wristbands (see image below) to raise money for heart research.

Wristbands are available in packages of 20 for \$15 per package. Currently on backorder for 5 weeks.



RICHMOND ALPHA PHI ALUMNAE

ADDRESS CORRECTION REQUESTED

VISIT OUR WEBSITE!

WWW.ANGELFIRE.COM/VA/RICHMONDAPHIALUM